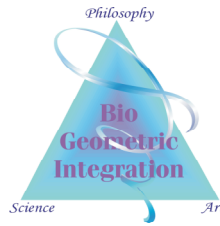


**Hardwick Chiropractic**  
54 School Circle  
East Hardwick, VT 05836  
802.472.3033



Dr. Grace Johnstone  
Dr. Rick Eschholz  
Dr. Teri Dodge

Welcome,

People have many reasons for seeking care here, and we welcome you, whatever your path is. Our commitment, through the work we do here, is to help you become more self-aware, more flexible, and to help you regain the clarity, wholeness and ease that are naturally yours.

The work we do is called *BioGeometric Integration* (BGI). Using BGI, we will help your system gently and thoroughly address the trauma, stored events or longstanding issues with which it is dealing. We use a variety of chiropractic techniques, selecting the most appropriate to access the potential energy stored in your body. As this potential is released, your body uses it to further its own healing, to become more flexible, more adaptable, and more alive. Everyone, regardless of specific symptoms or ailments, can benefit from a system that is more flexible and free.

We recognize that whatever your intentions or goals, there are times we all need assistance in our healing, and that—just as life— healing is a process. Healing happens in a place of love, clarity and acceptance. It is our intention to create that here, and to help you find these qualities in yourself.

Yours in health,

Dr. Grace Johnstone  
Dr. Rick Eschholz

<b>OFFICE HOURS</b>		
	<b>Mornings</b>	<b>Evenings</b>
<b>MONDAY</b>	9:00 A.M. – 12:00 P.M.	3:00 P.M. – 6:00 P.M.
<b>TUESDAY</b>	9:00 A.M. – 12:00 P.M.	3:00 P.M. – 6:00 P.M.
<b>WEDNESDAY</b>	Closed	
<b>THURSDAY</b>	7:00 A.M. – 11:00 A.M.	3:00 P.M. – 6:00 P.M.
<b>FRIDAY</b>	9:00 A.M. – 12:00 A.M.	