

Crohn's Disease Activity Index (CDAI)

Determines the current severity of Crohn's disease.

INSTRUCTIONS: Fill out form/circle best answer. Signs, symptoms, and history should be based on the past 7 days.

Weight: _____ lbs

Ideal body weight: _____ lbs

Sex: Male Female (circle one)

Abdominal Pain (as of today):

None = 0

Mild = 1

Moderate = 2

Severe = 3

Overall abdominal pain:

None = 0

Mild: Does not interfere with activities: = 5

Moderate/Severe: Daily, longer lasting, affects activities, nocturnal = 10

General well-being:

Generally well = 0

Slightly under par = 1

Poor = 2

Very poor = 3

Terrible = 4

Anti-diarrhea drug use:

No = 0

Yes = 1

Abdominal mass:

No = 0

Questionable = 2

Definite = 5

Number of soft/liquid stools in the last 7 days: _____ stools

(Norm: 0.5-2)

Stools per day

0-1 liquid stools, no blood = 0

2-5 liquid or ≤ 2 semi-formed with small blood = 5

≥ 6 liquid, gross blood, or nocturnal diarrhea = 10

Hematocrit: _____ % (If unknown, leave blank.)

(Norm: 36-51, Normal average: For Male = 47 For Female = 42)